

D. PRAYERS

D.1 REVERENCE FOR LIFE PRAYER

Almighty God, giver of all that is good, we thank You for the precious gift of human life:

For life in the womb, coming from your creative power,

For the life of children, making us glad with their freshness and promise,

For the life of young people, hoping for a better world,

For the life of people who are disabled, teaching us that every life has value,

For the life of the elderly, witnessing to the ageless values of patience and wisdom.

Like Blessed Mary, may we always say "YES" to Your gift. May we defend it and promote it from conception to its natural end. And bring us at last, O Father, to the fullness of eternal life in Jesus Christ, our Lord.

Amen.

ROMAN CATHOLIC ARCHDIOCESE OF VANCOUVER

D.2 PRAYER OF SAINT THOMAS AQUINAS

*Grant me, O lord my God,
A mind to know You, a heart to seek You,
Wisdom to find You, conduct pleasing to You,
Faithful perseverance in waiting for You,
And hope of finally embracing You.*

D.3 GROWING UP PRAYER

*With each new day that dawns I am growing up, O Lord.
It's not too soon to start thinking of what I want to be.
It's very hard, I think,
to make the right decision
but I pray that You will help and guide me.
Show me what to do,
let me share, someday,
my talents where they're needed.
And when You show me,
give me courage to be generous enough
to do what You want.*

D.4 PRAYER FOR TRUST: ST. IGNATIUS OF LOYOLA

*O Christ Jesus, when all is darkness and we feel our weakness and helplessness,
Give us the sense of Your presence, Your love, and Your strength.
Help us to have perfect trust in Your protecting love and strengthening power,
So that nothing may frighten or worry us,
For, living close to You, we shall see Your hand, Your purpose,
Your will through all things.*

D. 5 LINES WRITTEN IN HER BREVIARY: ST. TERESA OF AVILA

*Let nothing disturb you, nothing frighten you;
All things are passing; God never changes;
Patient endurance attains to all things;
She whom God possesses wants nothing.
God alone suffices.*

D. 6 EACH NEW DAY

*Let me pause as I begin this new day to give it to You, Lord.
Before the tumult of activities breaks in,
Before breakfast plates crash through my still sleepy mind,
For this last moment in my bed, thank You, Lord.*

*Let me hold Your promise of new life.
Keep me from slipping back for I know that what is forgiven is as if it never were.
Each new day Your grace gives me a fresh start to walk in Your light again.*

*May the Lord support us all the day long,
Till the shades lengthen and the evening comes,
And the busy world is hushed,
And the fever of life is over,
And our work is done.
Then in His mercy may He give us a safe lodging,
And a Holy rest,
And peace at the last.*

Amen.

CARDINAL JOHN HENRY NEWMAN

D.7 CATHOLIC PRAYERS ONLINE

There is a wealth of Catholic resources for prayers online. Teachers should review prayers in advance.

Examples of prayers available are:

- Growing up prayer
- Prayer For Choosing A State Of Life #1
- Prayer For Choosing A State Of Life #2
- Prayer for Eternal Life with God
- Prayer for the Dignity of Human Life
- Respect for Life Prayer
- The Millennium Prayer
- To Protect Life

- <http://www.catholic.org/prayers>
- <http://www.catholicdoors.com/prayers>
- <http://www.catholicity.com/prayers>
- <http://www.ewtn.com/devotionals>